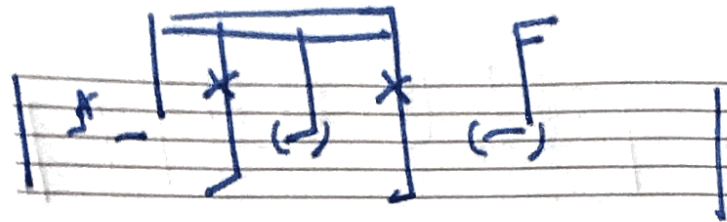


# Fills With Flam Fives

R.C.



(Try practicing this to a  $\frac{3}{4}$  metronome to get it down)



↑  
You could also think  
of this as a 6

Now what about flammed 3s or even  
flammed 7s?!

Go to it!